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EfM Canada Training Request Form

Please use a separate form for each training event requested.

Diocese _____ Coordinator _____

Date request made _____ Date of the proposed Training _____

Is the training (check one):

_____ **Foundations of Seminar Life**

Number of expected participants who are new to Mentoring _____

Number of expected participants who are experienced Mentors _____

The minimum number of participants is 6, the maximum is 8. This is necessary so that all participants have an opportunity to lead and experience TR.

_____ **Formation Training for Mentoring and Ministry**

Number of expected participants who qualify _____

Participants in formation training must have a well-rounded experience of EfM; they will have attended at least two Foundations Trainings and have been recommended by an EfM trainer. Allowable numbers will vary depending on the focus of the event and the decision of the trainer.

What area of Formation focus is preferred by the mentors? _____

(See the list at the end of this form describing the various Formation events currently offered in Canada)

Location of training _____ Trainer's accommodation _____

Preferred start time _____ Preferred end time _____

Please Note:

- **Mentor trainings must have 18 contact hours. This includes the worship but does not include mealtimes.** Please suggest a timeframe that allows for adequate rest for the participants and please note that the schedule for the training event must be cleared with the Trainer assigned by the EfM Director of Training.
- Guidelines for Diocesan Coordinators planning a training event are found in the Coordinators section of the website - www.efmcanada.ca . Please consult these guidelines for help with organizing a training event.

Other comments or information that might be useful for the Director of Training and/or the EfM Office to know:

What is a Formation Event?

A Formation Training is an event for more seasoned mentors. To attend a Formation Event a Mentor is required to have attended two (2) Foundation Events, be actively Mentoring an EfM group and be recommended by a Trainer. It is an opportunity to go deeper into her/his skills and to explore a topic relevant to mentoring an EfM group. They may expect to build community among more experienced mentors for mutual support, and to gain confidence in their own leadership skills. The event fosters new learning and spiritual growth while still including elements foundational to EfM: worship, group life development, administration, and theological reflection. When a mentor has attended a Formation event, they must attend one Foundation Event and have a Trainer's recommendation before they become eligible for another Formation Event.

FORMATION EVENTS AVAILABLE IN CANADA

CORE FORMATION EVENTS

GROUP LIFE TRAINING:

This training will refine mentor's group skills through building community and understanding group dynamics as related to EfM groups. Mentors will become aware of group leadership skills and styles of human interaction and gain confidence in using theories and learnings in the EfM setting. (1 trainer, 6-12 participants)

DESIGNING SEMINARS FOR EXPERIENTIAL LEARNING:

This training will provide opportunities to learn from experience by planning, leading, and evaluating design in order to apply learnings in the Seminar. This will increase the mentor's ability to help seminar groups learn from their own experience and thereby take responsibility for their life together as a group. (1 trainer, 6-12 participants)

MINISTRY IN DAILY LIFE:

This training will provide opportunities to understand lay ministry as part of the total mission and ministry of the church. Participants will develop skills and experience resources for equipping seminar members to exercise their ministries as the baptized people of God. (1 trainer, 6-12 participants)

SPIRITUALITY:

This training will provide opportunities to experience and explore our own spirituality and draw implications for mentoring by furthering one's spiritual foundation for mentoring and ministry. This is achieved through deepening our relationship with God and exploring resources for our spirituality, such as the study of prayer/meditation and contemplation and other disciplines that dispose one to the grace of God. (1 trainer, 6-12 participants)

DEEPENING TR / ADVANCED TR:

This training will provide opportunities to examine in depth the four sources of theological reflection used in EfM, making distinctions between the four source model and the various methods used so that mentors may more effectively facilitate Theological Reflections. Mentors will be encouraged to experiment with different methods of theological reflection, which may lead participants to new insights and implications for action. There will be opportunities to integrate more deeply the function of theological reflection in the ongoing life of a seminar group and to learn to apply TR beyond the EfM group. (1 trainer, 6-12 participants)

ELECTIVE FORMATION EVENTS

LIVING WITH CONFLICT:

This training will enhance the mentor's ability to be a point of God's loving presence in the midst of conflict. This will be done by increasing the ways we can respond to strong differences between people and by creating a community of support in which we can examine conflict situations in our lives. The types of conflict will be defined, with tools to help mentors manage conflict when it happens in an EfM group. (1 trainer, 6-12 participants)

ALTERNATE MENTOR TRAINING EVENTS

Credit for an Alternate Mentor Training event is offered to support experienced mentors in exploring resources beyond the established EfM Training. Eligibility for Alternate Mentor Training requires having completed 3 Foundations events, and at least 2 of the Core Formation events. The event must include at least 18 contact hours, use experiential learning techniques and offer information and learning that is relevant to EfM mentoring. Please apply to the Director of EfM Canada, before enrolling in an Alternate Mentor Training event.